

Name: _____ Date: _____

Assignment: _____

Effort Tracker Form

1) How hard did I concentrate or try?

_____ | _____ | _____
0 (not at all) 5 (somewhat) 10 (as hard as I could)

Explanation:

2) How much time did I spend studying, practicing, or working on this assignment?

_____ | _____ | _____
0 (none) 5 (a fair amount) 10 (a lot)

Explanation:

3) How carefully did I check and correct my work?

_____ | _____ | _____
0 (not at all) 5 (somewhat) 10 (extremely)

Explanation:

4) Did I ask questions or request help if I was confused? Yes No I didn't need help

5) Which (if any) strategies did I use?

REFLECTION: Did my actions (strategies used + amount of effort) affect my success? Yes No

Explain your answer on the back of this worksheet and/or share your ideas with the class.